Health Guidance Levels | 2/22/2021



The COVID-19 Transmission Index is a balanced approach intended to protect communities. The goal of this model is for each county's citizens to work together at lowering their county's transmission index level, and for as many counties to be in the low level as possible.

Changes to a county's transmission index level will occur on a seven-day cycle with announcements made on Thursdays. Counties that meet at least two criteria for high, moderate, or low will be moved to that level. Changes from a lower transmission level to a higher transmission level may occur weekly. Changes from a higher transmission level to a lower transmission level may occur every 14 days at minimum, when thresholds are met.

The transmission levels in this model will be based primarily on the following metrics:

- Positivity rate
- Case count
- ICU utilization

COVID-19 Transmission Index	High	Moderate	Low
7-day average % positivity per county	≥10%	5.1-9.9%	≤5.0%
14-day case rate per 100k per county Frontier counties (those with fewer than six people per square mile) with less than or equal to 14 cases in the previous 14 days will automatically be designated as "low" transmission. Frontier counties with more than 14 cases in the previous 14 days will have their transmission level determined using the standard transmission index criteria.	≥325/100k	101-324/100k	≤100/100k
Statewide ICU utilization (7 day average)	Total utilization ≥72% AND ≥15% COVID-19 ICU Utilization	Total utilization 69-71.9% AND 6-14.9% COVID-19 ICU Utilization	Total utilization ≤68.9% AND ≤5.9% COVID-19 ICU Utilization

Social gatherings	High	Moderate	Low
Such as family dinner, get togethers with friends, book club (not including formal religious services or educational events or gatherings with an event host)	Recommendation: Practice physical distancing and wearing a mask unless you are by yourself or only with members of your same household	Recommendation: Practice physical distancing and wearing a mask unless you are by yourself or only with members of your same household	Recommendation: Practice physical distancing and wearing a mask unless you are by yourself or only with members of your same household
	Recommendation: Limit gathering size to 10 or fewer	Recommendation : Limit gathering size to 25 or fewer	



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Masks worn in public indoor settings, and outdoors when physical distancing is not feasible	Public Health Order: Required-state-wide	Public Health Order: Required-state-wide	Public Health Order: Required-state-wide	
	Businesses shall post signage indicating that patrons are expected to wear masks	Businesses shall post signage indicating that patrons are expected to wear masks	Businesses shall post signage indicating that patrons are expected to wear masks	
	Download Business Signs (Zip)	Download Business Signs (Zip)	Download Business Signs (Zip)	
			Masks are no longer required 8 weeks after UDOH provides notice that 1,633,000 prime doses of a COVID-19 vaccine have been allocated to the state	
Physical distancing between household groups where feasible, even at social gatherings	Strongly recommended	Strongly recommended	Strongly recommended	
Hygiene practices	Strongly recommended	Strongly recommended	Strongly recommended	
Stay home when sick	Required	Required	Required	
Follow public health quarantine and isolation guidance	Required	Required	Required	
BUSINESS				
All businesses required to	 Refer to <u>Business Manual</u> Require each employee and contractor to wear a face mask while at work Require any individual who removes their face mask to eat or drink on the premises of the business, to remain in place while eating or drinking Post signage listing COVID-19 symptoms, asking employees and customers with symptoms to stay home, and encouraging physical distancing and indicating that patrons are expected to wear masks <u>Download Business Signs (Zip)</u> Plexiglass barriers between staff and customers where feasible at cash registers and customer service counters when 6' distancing is difficult <u>Stay Safe to Stay Open Pledge</u> (or a similar industry-approved pledge that increases health and safety measures to prevent the spread of COVID-19) is strongly encouraged For businesses hosting an event, follow the event host requirements Public Health Order: Club sports require symptom and exposure checking of each coach, official, and player/participant before each in person engagement. Individuals experiencing symptoms or currently quarantined due to exposure shall not be permitted to participate until completing quarantine or isolation requirements 			



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Restaurants (including buffets)	Public Health Order: 6' distancing required between patrons from a separate party Masks required unless actively eating or drinking, customer must remain in one place while eating or drinking	Public Health Order: 6' distancing between parties required in waiting areas Masks required unless actively eating or drinking, customer must remain in one place while eating or drinking	OPEN	
Bars	Public Health Order: 6' distancing required between patrons from a separate party Masks required unless actively eating or drinking, customer must remain in one place while eating or drinking	Public Health Order: Patrons must wear masks when within 6' of any individual from a separate party Masks required unless actively eating or drinking, customer must remain in one place while eating or drinking	OPEN	
Workout gyms	Public Health Order: 6' distancing required between patrons from a separate party	Recommendation: 6' distancing between patrons from a separate party	OPEN	
Public Gatherings: Any establishment or organization with an event host that allows public gathering, such as live events, movie theatres, sporting events, weddings, recreation, and	Public Health Order: - Masks are required; (egress/ingress included) performers/athletes are exempt while performing - Completion and execution of Event Management Template is required - Post signage listing COVID-19 symptoms, asking employees and customers with symptoms to stay home, and encouraging physical distancing and indicating that patrons are expected to wear masks Download Business Signs (Zip)			
entertainment (does not apply to an individual attending or participating in a religious service)	Public Health Order: -Require each attendee to confirm they are not subject to isolation or quarantine and are not experiencing symptoms - 6' physical distancing between parties is required at all time (egress/ingress included); performers and athletes are exempt during the event, hosts can request waivers through county executives in consultation with the local health officer	Public Health Order: -Require each attendee to confirm they are not subject to isolation or quarantine and are not experiencing symptoms -6 feet physical distancing not required between parties -Attendees who remove masks to eat or drink must maintain 6 feet of distance from other parties - Event hosts must notify close contacts of	OPEN	



Health Guidance Levels | 2/22/2021 attendees who test positive for COVID-19 - Event hosts must notify close contacts of within 24 hours of being attendees who test notified of the exposure positive for COVID-19 within 24 hours of being notified of the exposure Schools K-12: Public Health Order: K-12 mask mandate still applies • Refer to School Manual and Utah State Board of Education's School Reopening Planning Handbook Public Health Order: Club sports require symptom and exposure checking of each coach, official, and player/participant before each in person engagement. Individuals experiencing symptoms or currently guarantined due to exposure shall not be permitted to participate until completing quarantine or isolation requirements • Public Health Order: If a school hits the outbreak threshold (1% of students and staff for a school of more than 1,500, or 15 students and staff for a school of 1,500 or less) the school shall consult with its local health department to either conduct a testing event or take other actions to mitigate the spread of COVID-19. If schools conduct a testing event they should follow the Test to Stay protocol established in the school manual. High School only: Public Health Order: Participants of extracurricular activities must be tested for COVID-19 every 14 days and must follow the guarantine and isolation guidelines outlined in the COVID-19 school manual Public Health Order: Each participant in a single occurrence extracurricular activity, such as school dances, must be tested for COVID-19 within 48 hours prior to the activity and must follow the guarantine and isolation guidelines outlined in the COVID-19 school manual Adherence to new guidelines established by UHSAA shall be followed Refer to USHE/individual university/college reopening plans Higher Education Public Health Order: Testing strategy employed for all students for public degree granting institutions and technical colleges, and private institutions of higher education with a student body greater than 10,000 students **Public Health Order:** Participants of college or university intramural activities must confirm they have completed any quarantine or isolation requirements and are not experiencing any symptom of COVID-19

